

Loving Arms Child Care Center  
 MENU IS SUBJECT TO CHANGE \*USDA is an Equal Opportunity Program and Employer.

**Menu for the Week of April 30-May 4**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C)	Scrambled Eggs Bun Orange Juice (C) Y-Pears	French Toast Sticks Peaches (A)	Sausage Patty Pears	Muffin Banana (C)
Lunch	Pasta Salad w/vegetables Ham (I) Roll Pears	Fruit Plate (A&C) Cottage Cheese (I) Bun Fresh Vegetables (A&C) Y/G-Steamed Vegetables	Chicken Alfredo (I) Romaine and Spinach Salad (A&C) Fruit (A&C)  Y/G-Peas (A&C)	Chicken Corn Dog (I) Baked Beans Corn Mixed Fruit (A&C)	Make Your Own Sandwich Whole Grain Bread Turkey and Ham Slice and Cheese Slice (I) Romaine Lettuce and Tomato Slices (A&C) Fruit Y/G-Peas (A&C)
Snack	V-Blend Juice (A&C) Graham Cracker	Cinnamon Breadstick Milk	Cheese Crackers Fruit	Soft Pretzels with Cheese	Fruit Yogurt Parfait

**Menu for the Week of May 7-11**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C)	Homemade Breakfast Pizza Unsweetened Applesauce	Waffles Peaches (A)	Mother's Day Brunch Pancake Fruit	Oatmeal with Raisins Banana (C)
Lunch	Tuna Sandwich on a Bun (I) Cooked Carrots (A) Mozzarella Cheese Stick Apple Slices Y-Applesauce	Baked Potato Chili with Beef (I) Corn Bread Muffin Banana (C)	Tator Tot Casserole (I) Peas (A&C) Dinner Roll Pineapple (C)	Chicken Strips Mashed Potatoes Green Beans Mixed Fruit (A&C)	Pulled Pork Sandwich French Fries Carrots (A) Fruit
Snack	Wheat Crackers Fruit	Low-fat Yogurt Graham Cracker	Fresh Vegetables with Ranch 1/2 Pita Y/G-Steamed Vegetables	Whole Wheat Bread Cheese Slice	Blueberry Mini Loaf Milk

Notes: A - Vitamin A minimum 2X week; C - Vitamin C daily; I - Iron daily; Y - food modification for Infant Room  
 Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, Teal and Summer Program.

Loving Arms Child Care Center  
 MENU IS SUBJECT TO CHANGE \*USDA is an Equal Opportunity Program and Employer.

**Menu for the Week of May 14-18**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C)	Scrambled Eggs (I) Bun Orange Juice (C)  Y-Pears	French Toast Sticks Peaches (A)	Breakfast Bites Pears	Super Donut Banana (C)
Lunch	Shepherds Pie with Vegetables (I) Mashed Potatoes Dinner Roll Pineapple (C)	Shake and Bake Chicken(I) Wild Rice Green Beans Peaches (A)	Beef a Roni (I) Romaine & Spinach Salad (A&C) Unsweetened Applesauce G-Cooked Vegetables	Chicken Noodle Soup (I) Oyster Crackers Mixed Fruit (A&C) Mixed Vegetables (A&C)	Corn Dog (I) Fresh Vegetables Apple Slices Y/G-Steamed Vegetables
Snack	Goldfish Crackers Fruit	Animal Crackers Milk	Low-fat Cottage Cheese Pineapple (C)	Bagel with Cream Cheese Vegetables	Crackers with Sun Butter

**Menu for the Week of May 21-25**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C)	Egg Biscuit Sandwich (I) Orange Juice (C)  Y-Pears	French Toast Sticks Peaches (A)	Breakfast Bites Pears	Muffin Banana (C)
Lunch	Chicken Broccoli Mac & Cheese (I) Fresh Carrots Banana (C)	BBQ Chicken Mashed Potatoes Peas (A&C) Bun Fruit	Bierox with Beef and Cheese (I) Tator Tots Cooked Carrots Fruit ©	Individual Meat and Cheese Pizza (I) Green Beans Mixed Fruit (A&C)	Chicken Nuggets Fresh Vegetables (A&C) Pineapple Y - Banana (C)
Snack	Rice Cakes Milk	Soft Pretzel with Cheese	Cottage Cheese Fruit	Spinach Dip with Bread and Fresh Vegetables (A&C) G-Steamed Vegetables	Whole Wheat Bread and Sun Butter Sandwiches

Notes: A - Vitamin A minimum 2X week; C - Vitamin C daily; I - Iron daily; Y - food modification for Infant Room  
 Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, Teal and Summer Program.

Loving Arms Child Care Center  
 MENU IS SUBJECT TO CHANGE \*USDA is an Equal Opportunity Program and Employer.

**Menu for the Week of May 28-June 1**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Multigrain Cereal Mandarin Oranges (A&C)	Waffles Peaches (A)	Biscuits and Gravy Pears	Muffin Banana (C)
Lunch	Closed!	Chicken Pattie on a Bun (I) Mozzarella Cheese Stick Peas (A&C) Fruit	Beef & Cheese Tacos Spanish Rice Corn Banana (C)	Cheese Ravioli with Meat Sauce(I) Romaine & Spinach Salad (A&C) Bread Fresh Fruit G-Peas (A&C)	Ham and Cheese Quesadilla (I) Sweet Potato Fries Fresh Carrots (A&C) Fruit G-Cooked Carrots
Snack		Rice Crispy Treat Unsweetened Applesauce	Yogurt Animal Crackers	Cracker Fruit	Apple Slices Sun Butter

**Menu for the Week of June 4-8**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C)	Homemade Breakfast Burritos Unsweetened Applesauce	Waffle Stix Peaches (A)	Sausage Muffin Pears	Super Donut Banana (C)
Lunch	Cheeseburger on a Bun (I) Baked French Fries Green Beans Fresh Fruit	Tuna Noodle Casserole (I) Cooked Carrots (A&C) Dinner Roll Pears	Lasagna with Meat Sauce (I) Romaine & Spinach Salad (A&C) Breadstick Fruit G-Peas (A&C)	Baked Chicken (I) Wild Rice Peas (A&C) Mixed Fruit (A&C)	Ham and Cheese Wraps (I) Fresh Vegetables (A&C) Apple Slices G-Steamed Vegetables (A&C)
Snack	Saltines Cheese Slices	Cereal Bar Milk	V-Blend Juice (A&C) Club Crackers	Low-fat Yogurt Vanilla Wafers	Bagels with Cream Cheese Fresh Fruit

Notes: A - Vitamin A minimum 2X week; C - Vitamin C daily; I - Iron daily; Y - food modification for Infant Room  
 Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, Teal and Summer Program.

Loving Arms Child Care Center  
 MENU IS SUBJECT TO CHANGE \*USDA is an Equal Opportunity Program and Employer.

**Menu for the Week of June 11-15**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C)	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes Peaches (A)	Sausage Croissant Pears	Oatmeal with Raisins Banana (C)
Lunch	Potatoes AuGratin Ham (I) Cooked Broccoli (A&C) Bun Fruit Y-Banana (C)	Chicken Noodle Casserole (I) Peas (A&C) Oranges (C) Y-Pears	Meatloaf (I) Mashed Potatoes Bread Green Beans Pineapple (C) Y-Banana (C)	<u>Father's Day Barbecue</u> Hot Dog Lettuce & Tomato Melon (C)	Meat and Cheese Sliders Grapes Fresh Carrots (A) Y&G-Cooked Carrots (A)
Snack	Muffin Fruit	Cheese Crackers Milk	Low-fat Cottage Cheese Fruit	Pretzel Fish Mozzarella Cheese Stick	Fresh Vegetables with Ranch (A&C) Wheat Crackers Y/G-Cooked Carrots (A)

**Menu for the Week of June 18-22**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C) Y-Peaches (A)	Homemade Breakfast Burritos Unsweetened Applesauce	Waffle Stix Peaches (A)	Sausage Muffin Pears	Super Donut Banana (C)
Lunch	Fish Sandwich on a Bun (I) Carrots (A) Grapes Y-Cooked Carrots (A) Unsweetened Applesauce	Pizza with Cheese, Beef and Sausage (I) Green Beans Oranges (C) Y-Peas (A&C)	Scrambled Egg Bake with Ham (I) Tator Tots Bun Orange Juice (C) Broccoli (A&C) Y-Banana (C)	Manwich on a Bun (I) French Fries Corn Fruit Y-Peas (A&C)	Construct Your Own Salad Ham and Cheese (I) Romaine and Spinach Salad (A&C) Fresh Vegetables Bun Cantaloupe (C) Y-Peas (A&C)
Snack	Saltine Crackers Cheese Slice	Multigrain Cereal Milk	Fresh Hummus Tortilla Chips Y-Oyster Crackers	Bagel with Cream Cheese Fresh Fruit (C)	Apples with Sun butter Ritz Crackers

Notes: A - Vitamin A minimum 2X week; C - Vitamin C daily; I - Iron daily; Y - food modification for Infant Room  
 Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, Teal and Summer Program.

Loving Arms Child Care Center  
 MENU IS SUBJECT TO CHANGE \*USDA is an Equal Opportunity Program and Employer.

**Menu for the Week of June 25-29**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C)	Homemade Breakfast Burritos Unsweetened Applesauce	Waffle Stix Peaches (A)	Sausage Muffin Pears	Super Donut Banana (C)
Lunch	Refried Bean & Cheese Burrito (I) Corn Fruit	Meatballs with Gravy (I) Mashed Potatoes Bread Green Beans Banana (C)	Toasted Cheese Sandwich (I) Vegetable Soup (A&C) Fruit (C)	Macaroni & Cheese with Diced Ham (I) Peas (A&C) Mixed Fruit (A&C)	Chicken Drumsticks (I) Fresh Vegetables (A&C) Apple Slices  G-Steamed Vegetables
Snack	Mozzarella String Cheese Wheat Cracker	Low-fat Cottage Cheese Fruit	Pretzels Fresh Vegetables (A&C) and Ranch	V-Blend Juice (A&C) Ritz Crackers	Seedless Grapes Rice Cakes

**Menu for the Week of July 2-6**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C)	Homemade Breakfast Pizza Unsweetened Applesauce		Sausage Croissant Pears	Oatmeal with Raisins Banana (C)
Lunch	Chicken Pot Pie with Vegetables (I) Mashed Potatoes Peaches (A)	Pigs in a Blanket (I) Baked Beans Mixed Vegetables (A&C) Fresh Fruit	Closed!	Chicken Stir Fry (I) Wild Rice Stir Fry Vegetables Mixed Fruit (A&C)  Y-Banana (C)	Fish Stars (I) Baked French Fries Broccoli (A&C) Melon
Snack	Cheese Queso Tortilla Chips G-Oyster Crackers	Oranges (C) Club Crackers Y-Banana (C)		Whole Wheat Bread Cheese Slice	Low-fat Yogurt Animal Crackers

Notes: A - Vitamin A minimum 2X week; C - Vitamin C daily; I - Iron daily; Y - food modification for Infant Room  
 Milk is served at all meals. Whole Milk for Green Room. 1% Milk for Blue, Purple, Teal and Summer Program.