

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Celebrate warm weather! Go somewhere your child can walk barefoot on grass safely.	2 Eat slices of juicy watermelon. Count how many seeds were in each slice.	3 Bring paints and other art supplies outside today. Make a picture of something you see.	4 Go exploring outside. How many different bugs can your child find?	5 Look for fresh berries at the grocery store today. How many different colored berries does your child see?
6 Plan a fun swimming trip to a pool, lake or beach.	7 Plant marigold or sunflower seeds. Talk about what seeds need to grow—soil, water and sunlight.	8 Make a sandcastle town! Use small yogurt cups to make your buildings.	9 Let your child help you wash the car outside. Or wash toys.	10 Plant some vegetable seeds. Start them in small cups, then move to pots or outside later.	11 Pretend to be firefighters today. Get out the garden hose!	12 For a real cooling activity, make ice cube soup. Give your child the ice, a pot and a wooden spoon.
13 Make fruit juice popsicles. Fill ice trays with juice and insert a popsicle stick. Then freeze.	14 Take turns adding sentences to a story as you make it up. Your child picks the characters and setting.	15 Start a collection of rocks or shells. Have your child try to group them by size or color.	16 Decorate a plastic pail and shovel with permanent markers. Help your child write his name in big letters.	17 Visit a farm or park today, or plan a trip to one. What animals or plants might your child see there?	18 Be a little crazy. Let your child paint her body with fingerpaints and then have her run through the sprinkler.	19 Get some sidewalk chalk and help your child draw pictures of things he remembers from the past school year.
20 Experiment with pouring water into different containers. Which ones hold more than your child thought?	21 Teach your child how to throw a frisbee. See how far your child can throw it.	22 Play hopscotch together! Make up some rhymes of your own to sing while you play.	23 Have a family picnic in your backyard. Make sandwiches and spread out a blanket.	24 Take in a movie at an air-conditioned theater. Which characters did your child like best?	25 Weed the garden together. See if you can make it into a game.	26 Visit a park today. Swing together or push your child on the swings.
27 Give your child paintbrushes and a small bucket of water. Let her "paint" the sidewalk or the house.	28 Have a jump rope contest today. See how many times your child can jump in a row.	29 Go for a bike ride or a long walk today. When you get home, talk about what you saw.	30 This is the last day of the month. Talk about what <i>last</i> means.	<h2>June 2010</h2>		

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<h2>July 2010</h2>				1 Dig in the garden together today with your child. Or plant a bright summer flower in a pot.	2 Collect some flowers or leaves and paste them into a homemade book. Help your child label them.	3 Fly a kite. Make your own from construction paper. Talk about how the wind makes it fly.
4 Today is U.S. Independence Day. See how many red, white and blue things your child can find.	5 Help your child make a picture of fireworks. Glitter glue is a fun way to do this.	6 Visit the post office today. Buy some stamps together.	7 Help your child write a letter to Grandma or another loved one. Let your child put a stamp on it and mail it.	8 Make a treat for the birds. Spread a half bagel with peanut butter. Then have your child sprinkle it with birdseed.	9 Together, watch some ants today. Discuss how they work together to maintain their community.	10 Make up a story together today. It can be about either real or pretend things.
11 Listen to the birds. What songs does your child think they are singing? Make up a song the birds might sing.	12 Find a place to feed the ducks with your child. Plan what you will feed them (stale bread works well).	13 Plan a trip to the nearest zoo. Try to see at least one animal your child has never seen before.	14 Play follow the leader with your child! Find a fun place like the edge of a flower bed.	15 Blow bubbles today with your child. Who can make the biggest one?	16 Make a salad together. Tearing lettuce is a good job for little ones.	17 Spread out a blanket and look at the stars tonight. See if your child can find any constellations.
18 Draw a picture for your child and hide it under her pillow tonight.	19 Help your child decorate a plain picture frame with treasures you find in nature. A cardboard frame is fine.	20 Remember to make time for rest. Have quiet time together today.	21 Watch a thunderstorm with your child if one happens tonight. If not, then draw a picture of one.	22 Enjoy a big dish of ice cream or sorbet together today.	23 Squirt each other! Use bottles with a pump on them. Wash used containers well.	24 Wake early and watch the sun rise. Then have breakfast together.
25 Together, make a house out of a big box and paint it outside. You can get the box from an appliance store.	26 Play old-fashioned games, like "Mother May I?" or "Duck, Duck, Goose."	27 Spend a half hour reading together today. Let your child pick the books you will read.	28 Make a list of three things you want to do with your child before summer is over.	29 Go to a baseball game (Little League is fine). Explain to your child what is going on.	30 Let your child see you trying some foods that are new or unusual for your family.	31 Together, play with balls today. Try kickball or dodge ball.

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