

# Good News

Loving Arms Child Care Center

[www.lacccks.com](http://www.lacccks.com)

July /August 2011

Phone: 722-1912

## Dates to Remember

July 23	Family Wingnuts Game
July 26	Meet the Kindergarten Teacher Night 6:00 p.m.
July 25-28	Messiah Soccer Camp
July 29	Water Day (Secret Surprise)
July 29	Scrapbooking in the Gym 6 p.m.
August 1	Part-Time change of status ends
August 1	Tuition increase takes effect *
August 2	Story Time with Anne Harris
August 12	Birthday Celebrations 2:45 p.m.
August 14	Vicar Dan & Hannah Farewell
August 15	First Day of School
August 21	New Vicar Dan Herold Arrives
September 5	Closed Labor Day
September 8	Grandparent's Luncheon
September 9	Birthday Celebrations 2:45 p.m.
September 23	Family Zoo Trip (can you drive?)

*\*current families were grandfathered from June 1, 2011 until August 1, 2011*

### **From the Director**

Summer is here – Es verano! We are enjoying the warm and sunny weather and we are having fun! The Summer Program has been keeping busy taking field trips and exploring the outdoors with the container gardens. The kids are learning lots of new things about the food we eat and how it grows. It was great to have the children back! We have a fun family event coming up. We are going to the Wingnuts game on Saturday, July 23. Michelle will hand deliver the tickets before the end of the school day on Friday. All children from the center will get in free. The activity fee will cover their admission. Family events are a great way for kids to get together with their school friends and also for parents to get to spend more time together than drop-off and pick-up times allow! We look forward to seeing you at this event!



### **Staffing Update**

Soon we will be saying good-bye to old friends and hello to new friends. Please take time to help your child close the bond if they are leaving our center. Closing the bond is an important part of relationships. Fall is right around the corner, and things are going great at Loving Arms! A special thank you to Miss Hannah and Miss Anna who have helped teach Bible Time this summer. Change is inevitable, but just as children have trouble with transitions, adults can too. We will do our best to keep things running smoothly. We will say “see you later” to several staff members. Some of them are attending colleges to further their education and others are moving on to new adventures. We hope they will continue to help us during their school breaks and again next summer if possible. Our new vicar does not have a wife. Maybe he’ll find one while he is in Kansas! With that said, it has been a blessing to have Hannah Laitinen in our midst. She started the year teaching Kindergarten during Amber Holmes maternity leave and is currently finishing up her year by teaching in our Preschool Purple Room. She will be joining “Team Laitinen” full-time as a new mom any day now. A special “thank you” to Amanda Condray who has agreed to move to the Preschool Purple Room to take over for Miss Hannah.

### **From the Kitchen - Starting Fit with Child Care Grant**

We have been participating in the Starting Fit Grant for Child Care Centers since April 2011. We are serving at least five servings of fruits and vegetables each day and striving to add more fresh food to our menus. If you’d like more information on healthy eating or promoting a physically active family, go to [www.hwcwchita.org](http://www.hwcwchita.org).



**Welcome New Staff**

***Pat Dalke  
Kayla French  
Nika Trussell  
Stephanie Yost***

**10 Signs of a Healthy Home**

1. Water is the beverage of choice, supplemented by 100% fruit juices and low-fat milk.
2. Fruits or vegetables are served at every meal including some fresh fruit or veggie options daily.
3. Snack time includes foods that contain whole grains and protein instead of saturated and trans fat.
4. Kids and adults are moving and playful for at least an hour per day, outside and together whenever possible.
5. Kids and adults are breaking a sweat at least three times per week for 20 minutes or more.
6. Kids are provided with frequent opportunities to play outdoors in ways that are unstructured and exploratory. Play experiences in nature take place often.
7. The family dines together at least once every day, with kids involved in meal preparation and clean- up.
8. Kids all receive daily one-on-one time with an adult.
9. Television and video game time is limited to 60 minutes per day.
10. Kids and adults keep to a regular schedule that helps everyone get enough sleep. For the kids that means 10-12 hours per night and 7-8 for the adults.



**Each new school year marks the advent of new opportunities and changes here at Loving Arms. Please take time to thank the following people for all that they have done this past year. We wish you God’s continued blessings!**

**Nichole Henry  
Kristin Klein  
Vicar Dan Laitinen  
Hannah Laitinen  
Anna Scheuffele  
Victor Scheuffele  
Thomas Rockhoff**



**As a “welcome back” for the upcoming school year, we offer a list of things that may help encourage relationships between parents, children and staff. We look forward to working with you in your child’s education!**

**7 Habits of Highly Effective Parents**

- 1. When possible, drop children off by 9:00 am – Two of the biggest learning opportunities for the day occur in the morning - Bible Time and Circle Time.**
- 2. Read daily communication sheets and communicate with teachers when picking up and/or dropping off your child.**
- 3. Ensure your child’s cubby is filled with diapers, wipes (if necessary) and an extra change of weather appropriate clothing in case of spills or accidents. An extra jacket may be left for days when it is cool enough to use one on the playground.**
- 4. Please follow school guidelines for illness. They protect everyone and may be reviewed in the Parent Handbook.**
- 5. Please continue to be so generous in volunteering to drive and chaperone on field trips. Your help makes it possible for us to provide these precious learning experiences.**
- 6. Consider your talents, interests and knowledge base. It would be a rare person who has nothing to share with children! In the past we’ve had musicians, firefighters, police officers, nurses, vets, and geologists come in to share their knowledge!**
- 7. If you are satisfied with the care we provide, please tell others. If you aren’t, please tell us! We are always striving to do better and would love the chance to improve. Parent feedback has been instrumental in helping us develop a better center. ♥**